

Cold vs. Allergies vs. COVID-19 vs. Flu

| SYMPTOMS | COLD | ALLERGIES | COVID-19 | FLU |
|-------------------------------|---|--|---|--|
| Fever | Rare | No | Common | Common |
| Headache | Rare | Sometimes | Sometimes | Common |
| Aches & Pains | Common | No | Common | Common |
| Fatigue/Weakness | Sometimes | Sometimes | Sometimes | Common |
| Stuffy Nose | Common | Common | Rare | Sometimes |
| Sneezing | Common | Common | Rare | Sometimes |
| Sore throat | Common | No | Rare | Common |
| Cough | Common | Sometimes | Common | Common |
| Shortness of breath | In severe cases | Common | Common | In severe cases |
| Runny nose | Common | Common | Rare | Sometimes |
| Diarrhea | No | No | Sometimes | Sometimes |
| Treatment / Medication | Over-the counter cough and cold medicines | Antihistimines/ Decongestants Nasal Sprays | Over-the-counter medicines to treat symptoms only | Prescription antiviral drugs to treat symptoms only. Vaccine available. |